Call: +1 425 371 6463
WhatsApp: +1 425 371 6463
Email: info@barbiltours.com
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7 Days Shared Bhutan Guided Tour from Thimphu

7 days · Shared · from Bhutan

Check availability & book online »



At a glance

Start	8:00 AM, 10:00 AM, 11:00 AM, 8:00 PM
Duration	7 days
Pickup	Pickup is included from the listed pickup points — choose yours when you book.
Cancellation	Free cancellation up to 3 days before the tour starts.
Minimum age	1

Itinerary

> **Start**
Bhutan
Starts at 8:00 AM, 10:00 AM, 11:00 AM, 8:00 PM

1 **Arrive in Paro International Airport and Transfer to Thimphu**
Day 1 – Arrive in Paro International Airport and Transfer to Thimphu

2 **Thimphu, Thimphu, Thimphu District**
Touch down at Paro International Airport, where your Bhutanese adventure begins. Take in the crisp mountain air and breathtaking scenery as you step off the plane. You're greeted by our friendly representative at the airport, who extends a warm Bhutanese welcome and assists with your luggage. Travel back in time and take a journey that few people have had the opportunity to experience. Druk Yul, Bhutan's official name, is known as the Land of the Dragon People with a rich cultural heritage that has largely remained hidden until its recent emergence onto the world stage.
extraordinary
Overnight stay in Thimphu

3 **Accommodation**
Overnight in Thimpu in a 3 star hotel which can be upgraded to 4 star / 5 star on request

4 **Day 2 – Thimphu Local Sightseeing's**
Day 2 – Thimphu Local Sightseeing's

5 **Day 2 – Buddha Dordenma**
Start your day with a delicious breakfast at your hotel in Thimphu, preparing you for a day of exploration and discovery. Embark on a comprehensive sightseeing tour of Thimphu, the capital city of Bhutan. Visit iconic cultural landmarks such as:
Visit the 52-meter Buddha Dordenma Statue in Thimphu, step inside and discover the 1,25,000 smaller buddhas

6 **Day 2 – Thimphu Chorten (Memorial Chorten)**
This large chorten is one of the most visible landmarks in Thimphu, and for many Bhutanese it is the focus of daily worship. The Tibetan-style stupa was built in 1974 as a memorial to the third king, Jigme Dorji Wangchuck (1928–72). Early morning is a great time to visit, as elderly people shuffle meditatively around the chorten, families light butter lamps, and kids dressed in their smartest ghos and kiras (traditional dress for men and women) rush out a quick kora (ritual circumambulation) on their way to school.
The whitewashed chorten, with its sun-catching golden finial, has richly painted annexes facing the cardinal directions, and features elaborate mandalas, statues and a shrine dedicated to the popular king. The action continues from dawn till long after dark, but tourists are discouraged from visiting at

night to give devotees some respite. Clock the dedicated group of old timers hauling away at room-size giant prayer wheels beside the main entrance.

7

Day 2 – Takin Perserve, motithang

Visit Takin Preserve center, View point of King’s Palace, Thimphu Fortress and in evening you can scroll down towards the Thimphu town
Motithang Takin Preserve, located in the Motithang district of Thimphu, Bhutan is a wildlife reserve area for takin, the national animal of Bhutan. Originally a mini-zoo, it was converted into a preserve when it was discovered that the animals refrained from inhabiting the surrounding forest even when set free. The reason for declaring takin as a national animal of Bhutan on 25 November 2005 (Budorcas taxicolor) is attributed to a legend of the animal’s creation in Bhutan in the 15th century by Lama Drukpa Kunley

8

Day 2 – National Folk Heritage Museum

For Lunch if you are interested in exploring Bhutanese Authentic Food then make a visit to Babesa Village Restaurant or Folk Heritage Restaurant.
5. Visit Simply Bhutan Museum, Textile Museum, Paper Factory and have a leisure time in town.

9

Day 2 – Accommodation

Overnight in Thimpu in a 3 star hotel which can be upgraded to 4 star / 5 star on request

10

Day 3 – Thimphu to Phobjikha Valley (Gangtey)

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11

Day 3 – Gangtey

Bid farewell to Thimphu as you embark on a scenic journey to Gangtey, a pristine valley nestled in the heart of Bhutan. After a nourishing breakfast at your hotel, meet your guide and driver who will accompany you on this picturesque drive. As you traverse the winding mountain roads, soak in the breathtaking vistas of Bhutan's rugged terrain dotted with lush forests, cascading waterfalls, and traditional villages. Your journey is punctuated with stops at scenic viewpoints, providing ample opportunities for photography and reflection. Pause at Dochula Pass, a mountain pass adorned with 108 memorial chortens (stupas) and offering panoramic views of the majestic Himalayas. Take a moment to marvel at the snow-capped peaks that dominate the skyline, capturing the essence of Bhutan's natural beauty.

12

Day 3 – Gangtey

Arrive in Gangtey Valley, also known as Phobjikha Valley, renowned for its pristine environment and as the winter habitat of the endangered black-necked cranes. Check into your accommodations and take a moment to appreciate the tranquillity and natural splendour that envelops this idyllic valley. Spend the evening exploring the charming surroundings of Gangtey Valley at your leisure. Take a leisurely stroll through the quaint villages, interact with the friendly locals, or simply unwind amidst the serene ambiance of the valley.

13

Day 3 – Accommodation

Overnight in Gangtey Valley in a 3 star hotel which can be upgraded to 4 star / 5 star on request

14

Day 4 – Phobjikha Valley to Punakha.

Day 4 – Phobjikha Valley to Punakha.

15

Day 4 – Punakha

Begin your day with a hearty breakfast in Gangtey, preparing for the scenic journey ahead. After fuelling up, bid farewell to the serene beauty of Gangtey Valley as you embark on the next leg of your Bhutanese adventure.
After lunch, proceed to Punakha, the former capital of Bhutan, and visit Punakha Dzong, one of the most magnificent dzongs in the country. Marvel at the intricate woodwork, vibrant murals, and sacred relics housed within this architectural masterpiece. And also visit Suspension Bridge.
Continue your exploration with a visit to Chimi Lhakhang, a revered temple dedicated to the Divine Madman, Drukpa Kunley. Learn about the temple's unique history and traditions as you soak in the spiritual ambiance of this sacred site.

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Day 4 – Accommodation

Overnight in Punakha in a 3 star hotel which can be upgraded to 4 star / 5 star on request

17

Day 5 – Punakha to Paro

Punakha to Paro

18

Day 5 – Paro

This morning re-trace your steps to Paro on the East-West Highway. Along the way, visit the three stupas at Chuzom Bridge featuring distinct Bhutanese, Tibetan and Nepali style architecture.
Rinpung Dzong greets you on your arrival into Paro town. Visit the fortress before crossing Nyamai Zampa, a traditional cantilevered bridge. Stop at the Paro National Museum, displaying a collection of fascinating Bhutanese relics.

19

Day 5 – Chuzom river confluence

The Chuzom River Confluence is one of Bhutan's hidden gems, where the confluence of three rivers creates a mesmerizing spectacle of nature. Located along the scenic Chuzom-haa Highway, this site is not only a visual delight but also a culturally rich area, adorned with three distinct stupas that reflect the diverse heritage of Bhutanese and Tibetan architecture. Tourists visiting the confluence can take in breathtaking views of the surrounding mountains, lush valleys, and the tranquil waters below, making it a perfect spot for photography enthusiasts and nature lovers alike. The serene ambiance of the area invites visitors to relax and reflect, away from the hustle and bustle of city life. One can often find local families enjoying picnics along the riverbanks, adding to the authentic Bhutanese experience.
Additionally, the confluence serves as a significant point for travelers heading towards the capital city of Thimphu, making it a convenient stop for those exploring the region

20

Day 5 – Rinpung Dzong

Paro Dzong, also known as Rinpung Dzong, stands as one of Bhutan’s most iconic landmarks, blending centuries of history with breathtaking architecture. Perched above the Paro Valley, this fortress has long served as both a religious and administrative hub, attracting visitors from around the world.
Whether you’re drawn to its cultural significance, the vibrant festivals like Paro Tsechu, or the stunning views it offers, visiting Paro Dzong is a must on any Bhutan travel itinerary.

21

Day 5 – Paro Taktsang

Paro Taktsang (Dzongkha: ??????????????, also known as the Taktsang Palphug Monastery and the Tiger's Nest),[1] is a sacred Vajrayana Himalayan Buddhist site located in the cliffside of the upper Paro valley in Bhutan. It is one of thirteen Tiger's Nest caves in historical Tibet in which Padmasambhava practiced and taught Vajrayana

22

Day 5 – Accommodation

Overnight in Paro in a 3 star hotel which can be upgraded to 4 star / 5 star on request

23

Day 6 – Tiger Nest Hike

Tiger Nest Hike

24

Day 6 – Paro Taktsang

One of the most significant monasteries in Bhutan, a hike to Taktsang Goemba, better known as Tiger’s Nest, is an iconic pilgrimage for visitors to the Kingdom. Your guide will delight you with stories of Guru Rinpoche, an 8th century Tibetan saint who arrived on the spot where the monastery is located on the back of a flying tigress, bringing Buddhism to the region. Enjoy a picnic lunch along the way.
Along the way before Paro town, visit Kyichu Lhakhang, a 7th-century temple nearby with two magical orange trees that bear fruit throughout the year. This day is not just about the physical hike but also about a spiritual journey, offering insights into Bhutanese culture, Buddhism, and the incredible natural beauty that defines this Himalayan kingdom. The trek to Tiger's Nest is a fitting climax to your 6 Nights 7 Days Bhutan Cultural Tour, leaving you with memories and insights that will last a lifetime.

25

Day 6 – Kyichu Lhakhang

Along the way before Paro town, visit Kyichu Lhakhang, a 7th-century temple nearby with two magical orange trees that bear fruit throughout the year.

26

Day 6 – Accommodation

Overnight in Paro in a 3 star hotel which can be upgraded to 4 star / 5 star on request

27

Day 7 – Departure

Departure

28

Day 7 – Paro, Paro, Paro District

Your final day in Bhutan begins with a breakfast in Paro, offering a moment to reflect on the journey and the unforgettable experiences you've had. As your plane takes off from Paro, carry with you not just souvenirs, but also the peace, resilience, and spirituality that Bhutan has shared with you. This concludes your 6 Nights 7 Days Bhutan Cultural Tour, but the journey you've embarked upon will continue to inspire and influence you long after you've returned home.

o

Drop-off

Back in Bhutan
About 7 days in total

For reference only – the order and timings can change on the day. Your confirmed details come with your booking.

What's included

+ Entry fees in Monuments
+ Dinner
+ Lunch
+ Breakfast
+ All 3 Meals (Breakfast + Lunch + Dinner)
+ Local Farm House Visits
+ Drinking Mineral water in sightseeing's
+ Full Sightseeing's
+ Accommodation in 3 Star Property
+ ACCOMODATIONS - PARO Hotel Gonju Boutique |Paro Riverfront or Similar
+ ACCOMODATIONS - PUNAKHA Hotel Lobesa | Punatshachu Cottage or Similar
+ ACCOMODATIONS - THIMPHU Hotel Changangkha | Hotel Taktsang or Similar
+ Professional English-Speaking Tour Guide
+ Sustainable Development Fee (SDF) - USD 100 Per Person Per Night Taxes to Government
+ Tourist SIM Card depending on Group Size
+ VISA FEE USD 40 Per Person
+ Private transportation

Not included

- Any things which are not included in INCLUSION
- Air Tickets
- Up grade of hotels on additional Charges

Know before you go

- Infant seats available

- Animals or pets allowed
- Public transportation is nearby
- Passport required

Custom pickup & drop-off

We can arrange a custom pickup and drop-off location. Pickup and drop-off at most downtown hotels and the cruise terminal are free. Pickup or drop-off at the airport, or outside the city limits, costs extra – contact us to arrange airport pickup and drop-off.

Contact us for airport pickup »

Rated 4.6 out of 5 by 794 travelers **Read reviews ›**

Ready to book?

Pick your date online: theatlantictours.com/tour/7-day-bhutan-thimphu-tour/

Call +1 425 371 6463 WhatsApp +1 425 371 6463 Email info@barbiltours.com
Web theatlantictours.com
3611, 148TH St SE, Mill Creek, WA 98012, USA